



(the "Company")
A Stock Company

Service Office: PO Box 21008, Greensboro, NC 27420-1008

(800) 962-1654

Long-Term Care Insurance Outline of Coverage

For Long-Term Care Benefits Rider ICC19LTCBR-890 with Flexible Care Cash Amendment ICC21AMD7097

NOTICE TO BUYER: The Long-Term Care Benefits Rider described in this outline may not cover all of the costs associated with long-term care incurred by the Insured during the period of coverage. The buyer is advised to review carefully all policy and Rider limitations.

CAUTION: The issuance of the Long-Term Care Benefits Rider is based on the responses to the questions on your application for the Long-Term Care Benefits Rider and the policy to which it is attached. A copy of your application will be attached to any issued policy. If any answers in your application are incorrect or untrue, the Company has the right to deny benefits or rescind the Rider. The best time to clear up any questions is now, before a claim arises! If, for any reason, any answers are incorrect, contact the Company at the Service Office address shown above.

1. INDIVIDUAL COVERAGE.

The Long-Term Care Benefits Rider (the "Rider") is attached to, and made a part of, an individual life insurance policy.

2. PURPOSE OF OUTLINE OF COVERAGE.

This Outline of Coverage provides a very brief description of the important features of the Rider. You should compare this Outline of Coverage to outlines of coverage for other policies and riders available to you.

This is not an insurance contract, but only a summary of coverage. Only the Rider and the individual life insurance policy to which it is attached contain the governing contractual provisions. This means that the Rider and the policy set forth in detail the rights and obligations of both you and the insurance company. Therefore, if you purchase this coverage, or any other coverage, it is important that you READ YOUR POLICY AND RIDER CAREFULLY AND IN THEIR ENTIRETY!

3. FEDERAL TAX CONSEQUENCES.

This Rider is intended to be a federally tax-qualified long-term care insurance contract under Section 7702B(b) of the Internal Revenue Code of 1986, as amended.

4. TERMS UNDER WHICH THE RIDER MAY BE CONTINUED IN FORCE OR DISCONTINUED.

Renewability

THIS RIDER IS NON-CANCELABLE. This means that you have the right, subject to the terms of your policy and Rider, to continue this Rider in force for as long as your policy stays in force. The Company cannot change any of the terms of your policy and Rider on its own and cannot increase the monthly rider charge shown in your policy.

Waiver of Premium

This Rider does not contain a waiver of premium or waiver of rider charge provision.

5. TERMS UNDER WHICH THE COMPANY MAY CHANGE RIDER CHARGES.

The Company cannot increase the monthly rider charge shown in your policy.

6. TERMS UNDER WHICH THE RIDER MAY BE RETURNED AND RIDER CHARGES REFUNDED.

The Rider may be returned for any reason to the insurance agent through whom it was purchased, to any other insurance agent of the Company, or to the Company at the Service Office address shown above within 30 days after its receipt. If returned, the Rider will be considered void from the beginning and the Company will refund all charges paid for the Rider.

The monthly rider charge deducted for this Rider on the Monthly Anniversary Day immediately preceding the date the policy and Rider terminate will be returned as a credit to the policy, as described in the Rider's "Termination of Rider" provision. If the policy and Rider terminate on a Monthly Anniversary Day, no rider charges will be returned.

7. THIS IS NOT MEDICARE SUPPLEMENT COVERAGE.

If you are eligible for Medicare, review the "Guide to Health Insurance for People with Medicare" available from the Company upon request. Neither the Company nor its agents represent Medicare, the federal government or any state government.

8. LONG-TERM CARE COVERAGE.

Policies and riders of this category are designed to provide coverage for one or more necessary diagnostic, preventive, therapeutic, rehabilitative, maintenance, or personal care services, provided in a setting other than an acute care unit of a hospital, such as in a nursing home, in the community, or in the home.

The Rider provides coverage by reimbursing costs incurred by the Insured during the period of coverage for the Covered Services listed in the Rider, subject to the terms and conditions of the Rider.

9. BENEFITS PROVIDED BY THE RIDER.

Benefits under the Rider are first paid by accelerating the policy's Specified Amount until the Specified Amount has been reduced to zero, then continue subject to the terms and conditions of the Rider until the Rider's benefit limit ("Current LTC Benefit Limit") equals zero.

Benefits for Transitional Care Assistance are available only until the sum of benefits paid for all Covered Services, including benefits paid for Transitional Care Assistance, has reduced the policy's Specified Amount to zero, even if the Current LTC Benefit Limit is greater than zero.

Once all Benefit Conditions listed in the Rider and in the "Eligibility for Payment of Benefits" section below are satisfied, the Company will pay an amount not to exceed the Rider's maximum monthly benefit amount each month until the Current LTC Benefit Limit equals zero to reimburse the costs incurred and actually paid by the Insured for any Covered Service or combination of Covered Services (other than Caregiver Training), subject to the terms and conditions of the Rider. There is no deductible period or elimination period which must be satisfied in order to be eligible for benefits under the Rider.

The amount payable for all Caregiver Training provided while the Rider is in force is limited to no more than the Lifetime Caregiver Training Benefit Limit shown in your policy. Benefits paid for Caregiver Training will not reduce the available maximum monthly benefit amount or the Current LTC Benefit Limit under the Rider.

Subject to the terms and conditions of the Rider and the policy to which it is attached, the following Covered Services may be available for reimbursement or payment to the extent that such services are Qualified Long-Term Care Services prescribed in the Plan of Care:

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INSTITUTIONAL BENEFITS

Assisted Living Facility Services

Qualified Long-Term Care Services, including room and board, provided to the Insured while he or she is confined to an Assisted Living Facility. An Assisted Living Facility is a facility (or a distinctly separate section of a facility) which is licensed or certified to operate as an Assisted Living Facility under the laws of the state or jurisdiction in which it is located to provide care for Chronically III individuals in exchange for monetary compensation. If the state or jurisdiction does not license or certify Assisted Living Facilities, then the facility must meet the criteria described in the Rider.

Bed Reservation

The expense incurred by the Insured to reserve the Insured's bed in a Nursing Home while he or she is temporarily absent during a stay in a Nursing Home and is charged to reserve accommodations. The temporary absence can be for any reason with the exception of discharge. This includes, but is not limited to, a hospital stay or spending holidays or other time with family. This benefit is limited to no more than 30 days each calendar year. The amount payable for Bed Reservation cannot exceed 1/30th of the Rider's maximum monthly benefit amount for each day that the bed is reserved.

Nursing Home Care Services

Qualified Long-Term Care Services, including room and board, provided to the Insured while he or she is confined to a Nursing Home. A Nursing Home is a facility or distinctly separate area, section or wing of a hospital or other institution which is licensed or certified to operate as a Nursing Home under the laws of the state or jurisdiction in which it is located, and does so in exchange for monetary compensation. If the state or jurisdiction does not license or certify Nursing Homes, then the facility must meet the criteria described in the Rider.

NON-INSTITUTIONAL BENEFITS

Adult Day Care Services

Care provided by a state licensed or certified program, for a specified number of individuals, providing social or health-related services, or both, during the day in a community group setting for the purpose of supporting frail, impaired elderly or other disabled adults who can benefit from care in a group setting outside the Home as defined in the Rider.

Care Planning Services

Services provided for the Insured by a Care Planning Agency under the direction of the Licensed Health Care Practitioner. A Care Planning Agency is an agency or organization which is primarily engaged in providing care planning on behalf of its clients. The agency or organization must be licensed as a Care Planning Agency by the appropriate licensing agency in the state or jurisdiction in which care is to be received, if the state or jurisdiction licenses such agencies. If the state or jurisdiction does not license Care Planning Agencies, then the agency must meet the criteria described in the Rider.

Caregiver Training

Training given to the Insured's unpaid caregiver by a properly accredited medical or instructional institution or by a qualified individual such as a licensed nurse to provide the unpaid caregiver with the knowledge and skills necessary to care for the Chronically III Insured. The amount payable for Caregiver Training is limited to no more than the Lifetime Caregiver Training Benefit Limit shown in your policy.

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Home Health Care Services

Necessary and appropriate Home Health Care services which are prescribed in the Insured's Plan of Care and which are provided by a Home Health Care Agency to the Chronically III Insured at the Insured's Home as defined in the Rider. "Home Health Care" means Qualified Long-Term Care Services described in the Rider which are provided to a Chronically III individual in his or her Home in exchange for monetary compensation. A Home Health Care Agency is an entity that is in the business of providing Home Health Care. The entity must meet at least one of the licensing, accrediting or certification criteria described in the Rider. If an entity does not meet one or more of those criteria, then it must satisfy all of the conditions listed in the Rider in order to qualify as a Home Health Care Agency.

Hospice Services

Services given to provide palliative care to alleviate the physical, emotional, social, and spiritual discomforts of the Insured who is in the terminal phases of life. Hospice Services must be provided by an organization that meets Federal certification requirements as a hospice, or is licensed, certified or registered to provide such care according to the laws of the state or jurisdiction in which it operates.

Respite Care Services

Short-term care services provided for the Insured in an institution, in the Insured's Home as defined in the Rider, or in a community- based program to provide temporary relief for the Insured's unpaid caregiver while the caregiver is unavailable to provide care (such as while the Insured's caregiver is on vacation). This benefit is limited to no more than a total of 21 days each calendar year. The amount payable for each day of Respite Care Services cannot exceed 1/30th of the Rider's maximum monthly benefit amount.

Alternative Care Services

Qualified Long-Term Care Services that are not covered under any of the Covered Services listed above, but which are prescribed in the Insured's Plan of Care and which the Insured, the Insured's Licensed Health Care Practitioner and the Company mutually agree would be the most appropriate and cost-effective way to meet the Insured's long-term care needs. Alternative Care Services must be provided as an alternative to services otherwise covered under the Rider, meaning that the Insured cannot receive benefits under any other provision of the Rider while he or she is receiving Alternative Care Services.

Non-Continual Services

Services which are received by the Insured on a non-recurring basis (such as expenses for durable medical equipment or for modifications to the Insured's Home as defined in the Rider to accommodate a wheelchair or other device), which are prescribed in the Insured's Plan of Care, and which the Insured, the Insured's Licensed Health Care Practitioner and the Company mutually agree would be the most appropriate and cost-effective way to meet the Insured's long-term care needs. The total amount payable for Non-Continual Services in any calendar year cannot exceed the Rider's maximum monthly benefit amount.

Transitional Care Assistance

Qualified Long-Term Care Services which are provided while the Insured is residing in their Home, such as care provided by an Informal Caregiver as defined in the Rider, that are prescribed in the Insured's Plan of Care and which the Insured, the Insured's Licensed Health Care Practitioner and the Company agree are appropriate in meeting the Insured's long-term care needs. Receipts for Transitional Care Assistance services are not required for payment. Benefits for Transitional Care Assistance are available only on days when no other Covered Services are being reimbursed under the Rider. The maximum amount payable for each day of Transitional Care Assistance as of the Policy Date and the maximum number of days per week this benefit may be paid are shown in your policy.

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ELIGIBILITY FOR PAYMENT OF BENEFITS

The following Benefit Conditions must be met to qualify for benefits under the Rider:

- a. The total benefits paid to date under the Rider must not have reduced the Current LTC Benefit Limit to zero.
- b. The Insured must be Chronically III as defined in the Rider and below, due to either being unable to perform (without Substantial Assistance from another individual) at least 2 Activities of Daily Living for a period of at least 90 days as a result of loss of functional capacity, or requiring Substantial Supervision to protect the Insured from threats to health and safety caused by Severe Cognitive Impairment.
- c. A Licensed Health Care Practitioner who has personally examined the Insured must certify to the Company that the Insured is Chronically III and that the Chronic Illness is expected to continue for at least 90 days.
- d. A Licensed Health Care Practitioner who has personally examined the Insured must develop and prescribe a written Plan of Care as defined in the Rider. The Insured must receive the Covered Services prescribed under the Plan of Care while the Rider is in force, other than benefits received under the Rider's "Benefits After Lapse" and "Nonforfeiture Benefit" provisions.
- e. At least once every 12 months after a Licensed Health Care Practitioner initially certifies that the Insured is Chronically III, and for as long as the Insured continues to be Chronically III, a Licensed Health Care Practitioner must again:
 - 1. certify to us that the Insured is Chronically III and that the Insured's Chronic IIIness is expected to continue for at least 90 days; and
 - 2. either prescribe a new Plan of Care, or reconfirm the existing Plan of Care.

There is no deductible period or elimination period which must be satisfied in order to be eligible for benefits under the Rider.

"Chronically III" ("Chronic Illness") means a state of health where the Insured:

- a. is unable to perform (without Substantial Assistance as defined below from another individual) at least 2 of the Activities of Daily Living described below:
 - 1. for a period of at least 90 days; and
 - 2. as a result of loss of functional capacity; or
- b. requires Substantial Supervision to protect the Insured from threats to health and safety caused by a Severe Cognitive Impairment, as defined below.

The 6 "Activities of Daily Living" are:

- a. Bathing: The Insured's ability to wash himself or herself in a tub or shower (including the task of getting into or out of the tub or shower), or else to wash himself or herself by sponge bath.
- b. Continence: The Insured's ability to maintain control of bowel and bladder function; or, when unable to maintain control of bowel or bladder function, the ability to perform associated personal hygiene (including caring for a catheter or colostomy bag).

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- c. Dressing: The Insured's ability to put on and take off all essential items of clothing and any necessary braces, fasteners or artificial limbs.
- d. Eating: The Insured's ability to feed himself or herself by getting food into the body from a receptacle (such as a plate, cup, or table) or by a feeding tube or intravenously.
- e. Toileting: The Insured's ability to get to and from the toilet, get on and off the toilet, and perform personal hygiene associated with the use of the toilet.
- f. Transferring: The Insured's ability to get into or out of a typical bed, chair, or wheelchair.

"Severe Cognitive Impairment" means severe deterioration or severe loss in the Insured's intellectual capacity that is measured and confirmed by objective clinical evidence and standardized tests that reliably identify and measure severe impairment in the following areas:

- 1. the Insured's short- or long-term memory;
- 2. the Insured's orientation as to person (such as who they are), place (such as their location), and time (such as day, date, and year); and
- 3. the Insured's deductive or abstract reasoning, including judgment as it relates to safety awareness.

"Substantial Assistance" means hands-on assistance, or the presence of another person within arm's reach, which is necessary to assist the Chronically III Insured with the performance of an Activity of Daily Living by physical intervention, and to prevent injury to the Insured while the Insured is performing an Activity of Daily Living.

"Substantial Supervision" means continual supervision (which may include cueing by verbal prompting, gestures, or other demonstrations) by another person who is physically present with the Chronically III Insured that is necessary to protect the Insured from death or serious threats to the Insured's health or safety arising from the Insured's Severe Cognitive Impairment.

International Benefits

The Rider provides for benefits for Nursing Home Care Services or Assisted Living Facility Services received outside of the United States or its territories and possessions (collectively, "United States"), subject to the terms and conditions described in the Rider. The amount payable each calendar month for such services is limited to the Rider's maximum monthly benefit amount. International Benefits are limited to no more than a total of 36 months while the Rider is in force. No benefits are payable under the Rider for any Covered Services received outside of the United States other than Nursing Home Care Services or Assisted Living Facility Services.

10. LIMITATIONS AND EXCLUSIONS.

Pre-Existing Conditions

The Rider does not exclude pre-existing conditions.

Non-eligible Facilities or Providers

The Rider does not cover services provided by a facility or an agency that does not meet the Rider's definition for such facility or agency, except as provided under Alternative Care Services. Unless specifically noted in the Rider, the Rider does not cover services provided by unlicensed providers.

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Except as provided in the "Transitional Care Assistance" provision, the Rider does not cover services provided by an Immediate Family Member as defined in the Rider unless the Immediate Family Member providing the service meets the criteria described in the Rider.

Non-eligible Levels of Care

The Rider only provides benefits for services that are Qualified Long-Term Care Services as defined in the Rider which are prescribed in the Plan of Care. The Rider does not provide benefits for services which do not meet those criteria.

Exclusions, Exceptions and Limitations

The Rider will not provide benefits for:

- a. treatment or care due to alcoholism or drug addiction;
- b. treatment arising out of an attempt (while sane, mentally or psychologically impaired or insane) at suicide or an intentionally self-inflicted injury;
- c. treatment provided in a Veteran's Administration or government facility, unless the Insured or the Insured's estate is charged for the confinement or services or unless otherwise required by law;
- d. loss to the extent that benefits are payable under any of the following:
 - 1. Medicare or any other governmental programs (except Medicaid);
 - 2. state or Federal workers' compensation laws;
 - 3. employer's liability laws;
 - 4. occupational disease laws; and
 - 5. any motor vehicle no-fault laws;
- e. confinement or care received outside the United States or its territories and possessions, other than benefits for Nursing Home Care Services and Assisted Living Facility Services as described in the "International Benefits" provision below;
- f. services provided by a facility or an agency that does not meet the Rider's definition for such facility or agency, except as provided under Alternative Care Services;
- g. services provided by an Immediate Family Member, except as provided in the "Transitional Care Assistance" provision, unless the Immediate Family Member providing the service meets the criteria described in the Rider; and
- h. services for which no charge is or would normally be made in the absence of insurance.

Reduction of Benefit Payment Due to Debt

A benefit paid under the Rider will be first used to repay a portion of any outstanding Debt, as described in the Rider.

THE LONG-TERM CARE BENEFITS RIDER MAY NOT COVER ALL THE EXPENSES ASSOCIATED WITH YOUR LONG-TERM CARE NEEDS.

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11. RELATIONSHIP OF COST OF CARE AND BENEFITS.

Because the cost of long-term care services will likely increase over time, you should consider whether and how the benefits provided under the Rider may be adjusted.

The Rider provides for Optional Inflation Protection coverage. If you don't reject Optional Inflation Protection by signing the rejection statement in the application for the Rider, the maximum monthly benefit and benefit limit for the Rider will automatically increase as described in the Rider on each policy anniversary while the Rider is in force. The amount of the annual increase will depend upon the Optional Inflation Protection option that is in effect and the amount of the Current LTC Benefit Limit in effect on the date of the increase. The available options are 3% Compound Increases and 5% Compound Increases.

The monthly rider charge will remain level and will not increase annually as Rider benefits increase.

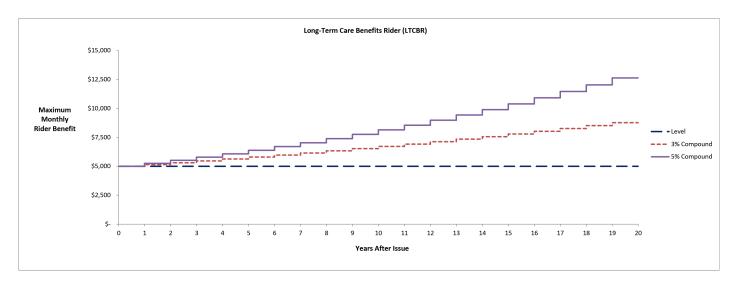
If you reject Optional Inflation Protection by signing the rejection statement in the application for the Rider, you will not be able to increase your benefits under the Rider later. The Rider does not provide a guaranteed option to buy additional insurance.

The chart below gives examples of the additional cost added to your monthly rider charge for each Optional Inflation Protection option. The example shown is for a Rider with a maximum monthly benefit of \$5,000 and a 4 year LTC Duration issued with Standard rates. Your actual monthly rider charge will be different from the examples shown if your rate class is other than Standard or if you select a different LTC Duration. The monthly rider charge for the LTC Duration and Optional Inflation Protection option, if any, you elect are shown in your policy.

Monthly Optional Inflation Protection Charges for \$5,000 of Maximum Monthly Benefit (LTC Duration: 4 years)		
	Inflation Protection	
Issue Age	3% Compound Increases	5% Compound Increases
Male 50	\$316.56	\$792.12
Male 60	\$341.24	\$747.70
Male 70	\$364.75	\$670.06
Male 80	\$311.59	\$513.63
Female 50	\$629.13	\$1,579.34
Female 60	\$633.61	\$1,458.07
Female 70	\$616.29	\$1,322.39
Female 80	\$516.94	\$998.47

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The graph below provides a comparison of the maximum monthly benefit provided by each option available to you: level benefits (no Optional Inflation Protection); 3% Compound Increases; and 5% Compound Increases.



12. ALZHEIMER'S DISEASE AND OTHER ORGANIC BRAIN DISORDERS.

This Rider will provide benefits for Qualified Long-Term Care Services prescribed in the Plan of Care resulting from a clinical diagnosis of Alzheimer's Disease or related degenerative and dementing illnesses, subject to the terms of this Rider.

13. RIDER CHARGES.

The monthly rider charge for the Rider will be deducted each month as part of the policy's Monthly Deduction. The monthly rider charge and the time period during which the charge is assessed are shown in your policy.

14. ADDITIONAL FEATURES.

Medical Underwriting

The issuance of this Rider is subject to medical underwriting.

Nonforfeiture

The "Nonforfeiture Benefit" provision in the Rider provides for a limited amount of paid-up long-term care insurance if the policy and Rider terminate after having been in force for at least 3 years, subject to the terms and conditions of the provision. There is no additional charge for this benefit.

Benefit Transfer Rider

If the Benefit Transfer Rider is attached to your policy, and you are the Beneficiary of an Eligible Policy as defined in the Benefit Transfer Rider, you may be able to purchase an amount of paid-up long-term care benefit with the death benefit proceeds payable under that Eligible Policy, subject to the terms and conditions of the Benefit Transfer Rider.

15. CONTACT THE STATE AGENCY LISTED IN THE NAIC'S "A SHOPPER'S GUIDE TO LONG-TERM CARE INSURANCE" IF YOU HAVE GENERAL QUESTIONS REGARDING LONG-TERM CARE INSURANCE. CONTACT THE LINCOLN NATIONAL LIFE INSURANCE COMPANY IF YOU HAVE SPECIFIC QUESTIONS REGARDING THE LONG-TERM CARE BENEFITS RIDER DESCRIBED IN THIS OUTLINE.

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